



S.A.S.A North District

AGE GROUP SWIMMING CHAMPIONSHIPS 2017

(UNDER FINA AND SASA RULES)

Round 1 – 4/5 FEBRUARY 2017

Round 2 – 4/5 MARCH 2017

ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Regents Walk, Aberdeen, AB24 1SX

MEET INFORMATION

Pool 50 metres, 10 lanes, deck level, full electronic timing
There is no separate swim down facility

Sessions **Both Rounds**

Session One	Warm Up 08.00	- Start 08.50	- Finish 11.30
Session Two	Warm Up 12.15	- Start 13.05	- Finish 15.30
Session Three	Warm Up 16.15	- Start 17.05	- Finish 18.40
Session Four	Warm Up 08.00	- Start 08.50	- Finish 11.30
Session Five	Warm Up 12.15	- Start 13.05	- Finish 15.30
Session Six	Warm Up 16.15	- Start 17.05	- Finish 18.40

(SUBJECT TO CHANGE IF NECESSARY)

Events 50m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
100m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
200m Ind. Medley – Heats and Finals
200m Backstroke, Butterfly, Breaststroke and Freestyle - HDW
400m Freestyle and Individual Medley - HDW
800m and 1500m Freestyle - HDW
4 x 100m Freestyle and 4 x 100m Medley Relays – HDW
4 x 50m Freestyle and 4 x 50m Medley Relays – HDW

Age at In accordance with British Swimming requirement age is at 31 December 2017

Competitors may swim only in their own age groups – see below

Ages and Times There are separate consideration times for girls and boys ages 11/12 years, 13 years, 14 years, 15 years, 16 years and 17 and over to maximise opportunity.

Please note that –

- individual events will be swum combined for ages 11 – 15 and 16 and over in heats and in timed finals
- finals, including timed final events will be swum combined according to age groupings 11-13 years, 14/15 years, 16/17 years and 18 years and over

Consideration times for individual events are attached.

In the 400 IM, 800m and 1500m events the youngest age group will be 12/13 years and entries will not be accepted from swimmers born in 2006.

Team Events Team events will be open to teams comprising swimmers aged 11-14 and swimmers aged 15 and over. Each event will be run separately OR combined and seeded by time at the discretion of the referee.

There are no consideration times for relay events but entry times must be submitted and these should be the sum of the times of four swimmers eligible to swim in that event.

Multi-Classification Events Swimmers who hold a current national or international classification for functional, visually impaired or intellectual disability and are registered members of a club affiliated to the SASA North District are eligible to compete in Multi-classification (MC) events. The MC events will be heat declared winner open age group events and will be integrated into the heats seeded by time. Please refer to the Supplementary Disability Swimming Conditions for more information.

Entries Accredited times are required for Age Group Championships entries.

Proof of entry times reports are required and entries may have to be limited dependent upon numbers received in which case they will be accepted according to seed time and across age groups as evenly as is practical.

Entries for this Championships will only be accepted from clubs affiliated to S.A.S.A. North District. All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.).

Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk).

Please email entry files to – entries@sasanorth.org.uk

Summary sheet and entry fees should be sent to –

Sandra Middleton, 19 Slains Terrace, Bridge of Don, Aberdeen, AB22 8TU (summary sheet may be emailed with entry files).

The summary sheet and payment must be received within 3 days of the respective closing date for each round as detailed below.

Due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.

Payment can alternatively be paid by BACS. Reference should be AGE1 or AGE2 according to which round the payment is for, followed by the club code e.g. AGE1NANX. Please contact North District Treasurer for bank details if required.

CLOSING DATE FOR ELECTRONIC ENTRIES

ROUND 1 - FRIDAY 6 JANUARY 2017 and

ROUND 2 - FRIDAY 3 FEBRUARY 2017

The fee for entries received which are outwith the consideration times for any of the District competitions shall not be refunded under any circumstances.

Early Withdrawals Withdrawals prior to the event may be e-mailed to entries@sasanorth.org.uk to arrive by 5pm at the latest on Friday 3 February 2017 for Round 1 and Friday 3 March 2017 for Round 2.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.

Withdrawals at the Meet Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).

Qualifying for Finals There will be heats and finals for all 50m, 100m events and for 200m Individual Medley with the finals age-grouped as 11-13 years, 14/15 years and 16/17 years and 18 years and over.

Withdrawals from Finals Swimmers who wish to withdraw from a final, including reserves, must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the old style withdrawal forms available from the recorders.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.

Marshalling There will be marshalling for heats and for finals. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.

Reserves must marshal unless they have also withdrawn as above.

Awards Full details will be issued in the Coaches Information.

Medals will be awarded for 1st, 2nd and 3rd places according to age groupings 11-13 years, 14/15 years, 16/17 years and 18 years and over.

Grampian Rosebowl, Sam Muir Quaich, Jean Muir Memorial Trophies and Welsh Trophies will be awarded according to North District rule SW12.3. using FINA points as the scoring method. FINA points used will be those available on the most recent update available on Hy-Tek.

Technical Officials Lists of Technical Officials for all sessions must be emailed on the form for this purpose to the Meet Officials Convenor - TBA - at officials@sasanorth.org.uk no later than 14 days before the first day of the meet (20 January 2017 for Round 1 and 20 February 2017 for Round 2) – North District rules SW 6.2. and SW4.1 refer.

The form attached to this meet information is acceptable, the excel spreadsheet that is available on the North District website (www.sasanorth.org.uk) is preferred.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.

Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, TBA, or emailed to officials@sasanorth.org.uk

Additional Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.

2. There will be no separate swim down facility in use during this meet.

- 3. The use of mobile phones is not permitted at any time in the changing village, toilets or showers and they must be switched to silent in the pool hall.**

4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone for the first 6 swimmers with an additional coach/chaperone for each further 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.

Access will be granted with a pass. Seating areas may be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.

5. Warm-up Supervisors are appointed at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No diving into the pool during warm-up except in the designated lanes during the one-way sprints.

Full warm up details will be issued prior to the competition. The warm up may be segregated.

6. Vuvuzelas and air horns are not permitted at this meet.
7. Participating clubs will receive one copy of start sheets for each session.
8. Different persons have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

Photos/ Videos

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

Meet Convenor

Round 1 – David Downie – david.downie@hotmail.co.uk

Round 2 – Nickie Scorgie - nscorgie@sportaberdeen.co.uk

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017 ROUND 1

4 & 5 FEBRUARY - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

Event 101	Boys 16+	400m Individual Medley
Event 102	Girls 16+	200m Freestyle
Event 103	Boys 16+	100m Butterfly
Event 104	Girls 16+	100m Backstroke
Event 105	Boys 16+	50m Backstroke
Event 106	Girls 16+	50m Freestyle
Event 107	Boys 12+	800m Freestyle
Event 108	Girls 16+	200m Breaststroke

Session Four

Event 401	Girls 16+	400m Ind. Medley
Event 402	Boys 16+	200m Freestyle
Event 403	Girls 16+	100m Butterfly
Event 404	Boys 16+	100m Backstroke
Event 405	Girls 16+	50m Backstroke
Event 406	Boys 16+	50m Freestyle
Event 407	Girls 12+	1500m Freestyle
Event 408	Boys 16+	200m Breaststroke

Session Two

Event 201	Girls 11 - 15	200m Individual Medley
Event 202	Boys 11 - 15	50m Breaststroke
Event 203	Girls 11 - 15	50m Butterfly
Event 204	Boys 11 - 15	200m Backstroke
Event 205	Girls 11 - 15	400m Freestyle
Event 206	Boys 11 - 15	100m Freestyle
Event 207	Girls 11 - 15	100m Breaststroke
Event 208	Boys 11 - 15	200m Butterfly

Session Five

Event 501	Boys 11 - 15	200m Ind. Medley
Event 502	Girls 11 - 15	50m Breaststroke
Event 503	Boys 11 - 15	50m Butterfly
Event 504	Girls 11 - 15	200m Backstroke
Event 505	Boys 11 - 15	400m Freestyle
Event 506	Girls 11 - 15	100m Freestyle
Event 507	Boys 11 - 15	100m Breaststroke
Event 508	Girls 11 - 15	200m Butterfly

Session Three - Finals

Event 201A	Girls 11 - 13	200m Individual Medley
Event 201B	Girls 14/15	200m Individual Medley
Event 103A	Boys 16/17	100m Butterfly
Event 103B	Boys 18+	100m Butterfly
Event 104A	Girls 16/17	100m Backstroke
Event 104B	Girls 18+	100m Backstroke
Event 202A	Boys 11 - 13	50m Breaststroke
Event 202B	Boys 14/15	50m Breaststroke
Event 203A	Girls 11 - 13	50m Butterfly
Event 203B	Girls 14/15	50m Butterfly
Event 105A	Boys 16/17	50m Backstroke
Event 105B	Boys 18+	50m Backstroke
Event 106A	Girls 16/17	50m Freestyle
Event 106B	Girls 18+	50m Freestyle
Event 206A	Boys 11 - 13	100m Freestyle
Event 206B	Boys 14/15	100m Freestyle
Event 207A	Girls 11 - 13	100m Breaststroke
Event 207B	Girls 14/15	100m Breaststroke
Event 301A	Boys 11 - 14	4 x 100m Free. Relay
Event 301B	Boys 15+	4 x 100m Free. Relay
Event 302A	Girls 11 - 14	4 x 50m Medley Relay
Event 302B	Girls 15+	4 x 50m Medley Relay

Session Six - Finals

Event 501A	Boys 11 - 13	200m Ind. Medley
Event 501B	Boys 14/15	200m Ind. Medley
Event 403A	Girls 16/17	100m Butterfly
Event 403B	Girls 18+	100m Butterfly
Event 404A	Boys 16/17	100m Backstroke
Event 404B	Boys 18+	100m Backstroke
Event 502A	Girls 11 - 13	50m Breaststroke
Event 502B	Girls 14/15	50m Breaststroke
Event 503A	Boys 11 - 13	50m Butterfly
Event 503B	Boys 14/15	50m Butterfly
Event 405A	Girls 16/17	50m Backstroke
Event 405B	Girls 18+	50m Backstroke
Event 406A	Boys 16/17	50m Freestyle
Event 406B	Boys 18+	50m Freestyle
Event 506A	Girls 11 - 13	100m Freestyle
Event 506B	Girls 14/15	100m Freestyle
Event 507A	Boys 11 - 13	100m Breaststroke
Event 507B	Boys 14/15	100m Breaststroke
Event 601A	Girls 11 - 14	4 x 100m Free. Relay
Event 601B	Girls 15+	4 x 100m Free. Relay
Event 602A	Boys 11 - 14	4 x 50m Med. Relay
Event 602B	Boys 15+	4 x 50m Med. Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017 ROUND 2

4 & 5 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

Event 101	Boys 16+	200m Individual Medley
Event 102	Girls 16+	50m Breaststroke
Event 103	Boys 16+	50m Butterfly
Event 104	Girls 16+	200m Backstroke
Event 105	Boys 16+	400m Freestyle
Event 106	Girls 16+	100m Freestyle
Event 107	Boys 16+	100m Breaststroke
Event 108	Girls 12+	800m Freestyle
Event 109	Boys 16+	200m Butterfly

Session Four

Event 401	Girls 16+	200m Ind. Medley
Event 402	Boys 16+	50m Breaststroke
Event 403	Girls 16+	50m Butterfly
Event 404	Boys 16+	200m Backstroke
Event 405	Girls 16+	400m Freestyle
Event 406	Boys 16+	100m Freestyle
Event 407	Girls 16+	100m Breaststroke
Event 408	Boys 12+	1500m Freestyle
Event 409	Girls 16+	200m Butterfly

Session Two

Event 201	Boys 11 - 15	200m Breaststroke
Event 202	Girls 11 - 15	100m Butterfly
Event 203	Boys 11 - 15	100m Backstroke
Event 204	Girls 11 - 15	400m Individual Medley
Event 205	Boys 11 - 15	200m Freestyle
Event 206	Girls 11 - 15	50m Backstroke
Event 207	Boys 11 - 15	50m Freestyle

Session Five

Event 501	Girls 11 - 15	200m Breaststroke
Event 502	Boys 11 - 15	100m Butterfly
Event 503	Girls 11 - 15	100m Backstroke
Event 504	Boys 11 - 15	400m Ind. Medley
Event 505	Girls 11 - 15	200m Freestyle
Event 506	Boys 11 - 15	50m Backstroke
Event 507	Girls 11 - 15	50m Freestyle

Session Three - Finals

Event 101A	Boys 16/17	200m Individual Medley
Event 101B	Boys 18+	200m Individual Medley
Event 202A	Girls 11 - 13	100m Butterfly
Event 202B	Girls 14/15	100m Butterfly
Event 203A	Boys 11 - 13	100m Backstroke
Event 203B	Boys 14/15	100m Backstroke
Event 102A	Girls 16/17	50m Breaststroke
Event 102B	Girls 18+	50m Breaststroke
Event 103A	Boys 16/17	50m Butterfly
Event 103B	Boys 18+	50m Butterfly
Event 206A	Girls 11 - 13	50m Backstroke
Event 206B	Girls 14/15	50m Backstroke
Event 207A	Boys 11 - 13	50m Freestyle
Event 207B	Boys 14/15	50m Freestyle
Event 106A	Girls 16/17	100m Freestyle
Event 106B	Girls 18+	100m Freestyle
Event 107A	Boys 16/17	100m Breaststroke
Event 107B	Boys 18+	100m Breaststroke
Event 301A	Girls 11 - 14	4 x 100m Medley Relay
Event 301B	Girls 15+	4 x 100m Medley Relay
Event 302A	Boys 11 - 14	4 x 50m Freestyle Relay
Event 302B	Boys 15+	4 x 50m Freestyle Relay

Session Six - Finals

Event 401A	Girls 16/17	200m Ind. Medley
Event 401B	Girls 18+	200m Ind. Medley
Event 502A	Boys 11 - 13	100m Butterfly
Event 502B	Boys 14/15	100m Butterfly
Event 503A	Girls 11 - 13	100m Backstroke
Event 503B	Girls 14/15	100m Backstroke
Event 402A	Boys 16/17	50m Breaststroke
Event 402B	Boys 18+	50m Breaststroke
Event 403A	Girls 16/17	50m Butterfly
Event 403B	Girls 18+	50m Butterfly
Event 506A	Boys 11 - 13	50m Backstroke
Event 506B	Boys 14/15	50m Backstroke
Event 507A	Girls 11 - 13	50m Freestyle
Event 507B	Girls 14/15	50m Freestyle
Event 406A	Boys 16/17	100m Freestyle
Event 406B	Boys 18+	100m Freestyle
Event 407A	Girls 16/17	100m Breaststroke
Event 407B	Girls 18+	100m Breaststroke
Event 601A	Boys 11 - 14	4 x 100m Med. Relay
Event 601B	Boys 15+	4 x 100m Med. Relay
Event 602A	Girls 11 - 14	4 x 50m Free. Relay
Event 602B	Girls 15+	4 x 50m Free. Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017

Round 1 – 4/5 FEBRUARY 2017 and Round 2 – 4/5 MARCH 2017

Consideration Times:

Accredited Times are required for Age Group Championships events. These times must have been achieved since 6 January 2016.

Proof of Entry Time Reports must be sent with entries. Any times which cannot be verified will be automatically withdrawn as per Swimming Regulation 2.2.

Times below are long course times. Times converted from short course accredited competitions will also be accepted. Times must be equal to or faster than -

Women/Girls								Men/Boys						
<1999	<2000	2001	2002	2003	2004	2005/6	Event	2005/6	2004	2003	2002	2001	2000	<1999
00:31.3	00:31.3	00:32.8	00:33.5	00:34.6	00:35.6	00:37.4	50m Freestyle	00:39.7	00:36.0	00:33.2	00:31.5	00:30.7	00:28.4	00:28.4
01:06.9	01:06.9	01:10.7	01:12.0	01:14.7	01:17.7	01:22.0	100m Freestyle	01:24.6	01:17.6	01:12.6	01:07.6	01:05.7	01:00.8	01:00.8
02:25.4	02:25.4	02:32.1	02:36.2	02:41.1	02:47.4	02:57.9	200m Freestyle	03:06.3	02:49.8	02:36.3	02:27.6	02:24.7	02:14.9	02:14.9
05:07.6	05:07.6	05:19.0	05:23.9	05:32.3	05:44.3	06:01.2	400m Freestyle	06:20.7	05:48.1	05:21.4	05:06.9	05:00.9	04:48.8	04:48.8
10:26.5	10:26.5	10:50.0	11:01.0	11:19.0	11:48.3	11:48.3	800m Freestyle	12:02.3	12:02.3	11:03.4	10:41.7	10:19.4	10:01.8	10:01.8
19:56.2	19:56.2	20:40.7	21:01.4	21:35.1	22:30.1	22:30.1	1500m Freestyle	22:56.3	22:56.3	21:05.8	20:25.2	19:43.3	19:09.9	19:09.9
00:35.4	00:35.4	00:37.1	00:37.6	00:39.0	00:41.0	00:43.6	50m Backstroke	00:46.4	00:41.6	00:38.2	00:36.3	00:34.9	00:32.4	00:32.4
01:14.9	01:14.9	01:18.6	01:20.1	01:23.4	01:27.9	01:33.8	100m Backstroke	01:38.5	01:29.1	01:23.0	01:18.4	01:15.0	01:09.4	01:09.4
02:42.2	02:42.2	02:47.6	02:50.9	02:56.7	03:04.8	03:16.1	200m Backstroke	03:21.9	03:06.2	02:54.1	02:43.9	02:40.3	02:33.0	02:33.0
00:41.0	00:41.0	00:42.3	00:43.3	00:44.8	00:47.4	00:50.9	50m Breaststroke	00:54.4	00:47.7	00:43.0	00:40.7	00:38.7	00:36.3	00:36.3
01:29.8	01:29.8	01:32.0	01:34.3	01:37.0	01:42.2	01:49.7	100m Breaststroke	01:59.5	01:45.3	01:34.6	01:29.5	01:25.9	01:21.1	01:21.1
03:10.8	03:10.8	03:16.1	03:17.7	03:21.2	03:34.2	03:48.8	200m Breaststroke	04:05.4	03:39.1	03:18.5	03:07.8	03:02.0	02:52.7	02:52.7
00:34.1	00:34.1	00:35.3	00:36.5	00:37.7	00:40.0	00:43.5	50m Butterfly	00:47.4	00:41.0	00:36.8	00:34.5	00:32.9	00:30.0	00:30.0
01:15.1	01:15.1	01:18.5	01:20.6	01:24.5	01:30.6	01:38.8	100m Butterfly	01:45.1	01:32.4	01:22.8	01:15.9	01:12.7	01:06.3	01:06.3
02:45.8	02:45.8	02:54.7	02:59.2	03:06.2	03:22.0	03:42.4	200m Butterfly	03:47.7	03:21.2	03:01.5	02:50.3	02:43.6	02:32.1	02:32.1
02:45.2	02:45.2	02:52.8	02:55.3	03:01.4	03:09.3	03:19.8	200m I.M.	03:32.5	03:10.9	02:56.2	02:47.8	02:40.8	02:33.1	02:33.1
05:53.7	05:53.7	06:03.6	06:10.0	06:17.4	06:41.1	07:11.1	400m I.M.	07:31.0	06:44.9	06:06.8	05:53.0	05:45.1	05:25.2	05:25.2