



Training over the Summer 2019

	Holiday Week 1 (1 Jul - 7 Jul)	Holiday Week 2 (8 Jul - 14 Jul)	Holiday Week 3 (15 Jul - 21 Jul)	Holiday Week 4 (22 Jul - 28 Jul)	Holiday Week 5 (29 Jul - 4 Aug)	Holiday Week 6 (5 Aug - 11 Aug)	Holiday Week 7 (12 Aug - 18 Aug)	First Week of Term (19 Aug - 25 Aug)
<i>Monday</i>	No Training	No Training	No Training	No Training	7.30-8.30am	7.30-8.30am	7.30-8.30am	7.30-8.30am
<i>Tuesday</i>								<i>Back to school!</i>
<i>Wednesday</i>								
<i>Thursday</i>								
<i>Friday</i>	No Training	No Training	No Training	5.00-6.00pm (no land session)	5.00-6.00pm (no land session)	5.00-6.00pm (no land session)	5.00-6.00pm (no land session)	Back to normal (inc land session)
<i>Saturday</i>								
<i>Sunday</i>								

Notes: From Friday 23rd August training reverts back to normal (Mondays 7.15am!) and includes land training on Fridays at 4pm. We will keep people informed with respect to possible social/fun events over the summer. **Don't forget to lend a hand with our coffee morning on 27th July!**