



Training over the Summer 2018

	Last Week of Term (25Jun - 1 Jul)	Holiday Week 1 (2 Jul - 8 Jul)	Holiday Week 2 (9 Jul - 15 Jul)	Holiday Week 3 (16 Jul - 22 Jul)	Holiday Week 4 (23 Jul - 29 Jul)	Holiday Week 5 (30 Jul - 5 Aug)	Holiday Week 6 (6 Aug - 12 Aug)	First Week of Term (13 Aug - 19 Aug)
<i>Monday</i>	As usual	No Training	No Training	5.30-6.30pm (Forres)	5.30-6.30pm (Forres)	5.30-6.30pm (Forres)	7.30-8.30am (Forres)	7.30-8.30am (Forres)
<i>Tuesday</i>								<i>Back to school!</i>
<i>Wednesday</i>								
<i>Thursday</i>								
<i>Friday</i>	As usual	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	As usual
<i>Saturday</i>	No Training	No Training	No Training	No Training	No Training	No Training	No Training	As usual
<i>Sunday</i>								

Notes: ALL sessions are open to EVERYONE whether or not they normally train on that particular day. From Friday 17th August training reverts back to normal. We will keep people informed with respect to the possible social/fun events over the summer.

