



## Training over the Summer 2017

	<b>Last Week of Term</b> (26Jun - 2 Jul)	<b>Holiday Week 1</b> (3 Jul - 9 Jul )	<b>Holiday Week 2</b> (10 Jul - 16 Jul)	<b>Holiday Week 3</b> (17 Jul - 23 Jul)	<b>Holiday Week 4</b> (24 Jul - 30 Jul)	<b>Holiday Week 5</b> (31 Jul - 6 Aug)	<b>Holiday Week 6</b> (7 Aug - 13 Aug)	<b>First Week of Term</b> (14 Aug - 20 Aug)
<i>Monday</i>	As usual	No Training	No Training	8.30-9.30am (Forres)	8.30-9.30am (Forres)	8.30-9.30am (Forres)	8.30-9.30am (Forres)	8.30-9.30am (Forres)
<i>Tuesday</i>								
<i>Wednesday</i>	As usual	No Training	No Training	No Training	No Training	No Training	No Training	<i>Back to normal</i>
<i>Thursday</i>								
<i>Friday</i>	As usual	No Training	No Training	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	5.00-6.00pm (Forres)	<i>Back to normal</i>
<i>Saturday</i>	No Training	No Training	No Training	No Training	No Training	No Training	No Training	<i>Back to normal</i>
<i>Sunday</i>								

**Notes:** ALL sessions are open to EVERYONE whether or not they normally train on that particular day. From Wednesday 16th August training reverts back to normal. We will keep people informed with respect to the possible social/fun events over the summer.