



## Training over Schools Spring Holiday 2018

	<b>Week before Moray Schools holidays</b> (26 Mar - 1 Apr)	<b>First Holiday Week</b> (2 Apr - 8 Apr)	<b>Second Holiday Week</b> (9 Apr - 15 Apr)	<b>Week after the Holidays</b> (16 Apr - 22 Apr)
<i>Monday</i>	As usual	As usual	As usual	As usual
<i>Tuesday</i>				
<i>Wednesday</i>				
<i>Thursday</i>				
<i>Friday</i>	No Training (Good Friday)	As usual	As usual	As usual
<i>Saturday</i>	As usual (inc. land training)	No Training	As usual (inc. land training)	Swimming as usual but NO land training
<i>Sunday</i>				

**Notes:** All swimmers may attend ANY session.